

Essential Cyber Security Habits to Adopt Today



Pause Before You Click!

Think twice before clicking on links or opening attachments, even if they appear to come from someone you know.

- ✓ Always navigate to websites through a known, legitimate source (Eg. HTTPS) instead of clicking on unknown links.
- ✓ If an attachment seems unexpected, confirm with the sender via a trusted method or choose not to click, to be on the safer side.

Control Your Passwords

Creating strong, complex passwords and managing them wisely is essential for keeping your accounts secure.

- ✓ Use unique passwords for different accounts
- ✓ Keep work and personal passwords separate
- ✓ Never share passwords
- ✓ Change password frequently, Opt out of saving passwords in browsers
- ✓ Enable multi-factor authentication (MFA) for added security